



## Sun Care Policy

At Stepping Stones Nursery we aim to ensure the children have adequate protection against the negative effects of exposure to the sun. The nursery staff are fully aware that the children's skin is especially sensitive to the sun and may burn easily. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

We use the following procedures to keep children safe and healthy in the sun:

- Children will always have sun cream applied before going outside in the sun and at frequent intervals
- Children are offered cooled water more frequently throughout sunny or warm days
- Children are made aware of the need for sun hats, sun cream and the need to drink more fluids during their time in the sun
- Staff will make day-to-day decisions about the length of time spent outside dependant on the strength of the sun
- Shade will be provided by trees to ensure children are able to cool down or escape the sun should they wish or need to
- The children play out during cooler times of the day, such as first thing in the morning and later in the afternoon to avoid the hottest part of the day between 11.00 and 15.00, especially during the summer period
- The nursery requires all parents/guardians to supply children with the following in order to protect them from the sun:
  - ❖ A high factor sun cream for children 50 factor or above. This enables children to have sun cream suitable for their own individual needs
  - ❖ A suitable sun hat that also covers the child's neck if they have short hair.
  - ❖ A signed consent form to give staff permission to apply sun cream
  - ❖ Light-weight cotton clothing suitable for the sun, with long sleeves and long legs if prone to sunburn

The sun cream provided should be clearly labelled with name, and date the cream was opened, to ensure that it does not exceed the expiry date after being opened.

<b>This policy was adopted on</b>	<b>Signed on behalf of the nursery</b>	<b>Date to be reviewed</b>
<i>August 2017</i>	<i>Adele Stone</i>	<i>August 2018</i>