



M e n u

	Morning Snack	Lunch	Afternoon Tea
Monday	Toast Apple	Spaghetti Carbonara with garlic bread V. Mushroom and sweetcorn pasta Strawberry angel Delight	Finger rolls with sausages and tomato ketchup Orange slices
Tuesday	Croissants Banana	Jacket Potatoes with tuna, cheese and coleslaw And salad Strawberries and cream	Cheese on toast with cucumber and pepper sticks Homemade Crispy cakes
Wednesday	Bagels Pear	Goan fish curry with brown rice and Naan bread V. Quorn curry with brown rice and Naan bread Fruit Salad	Rice cakes with soft cheese or marmite and celery Sultanas and apple
Thursday	Pancakes Kiwi	Lamb Mclean Burger with Potato wedges Veggie burger with potato wedges Ice cream and wafers	Veg sticks, pitta strips, guacamole, hummus and salsa Fromage frais
Friday	Fruit Loaf Orange	Thai Green Curry V. Quorn curry Chocolate cake and chocolate sauce	Tomato and sweetcorn pasta with crusty bread Bananas

Week One

Please be aware some of these meals may contain any of the 14 Allergens (Celery, Eggs, Fish, Lupin, Milk, Crustaceans, Soya, Gluten, Molluscs, Mustard, Nuts, Peanuts, Sesameseeds, and Sulphur Dioxide) If you believe your child may be allergic to any of the 14 allergens, please let a team leader know



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	Morning Snack	Lunch Time	Afternoon Tea
Monday	Croissant Melon	Turkey, mushroom & sweetcorn pasta with garlic bread V. mushroom and sweetcorn pasta Apple crumble and ice cream	Rice Cakes with soft cheese or marmite and celery Apple slices
Tuesday	Pancakes Nectarine	Fish Pie with Mash Potato V. Vegetable pie with Mash potato Fromage Frais	Tuna sandwiches with cucumber sticks marmite sandwiches Pear Slices
Wednesday	Fruit loaf Banana	Lamb meatballs in tomato sauce with spaghetti and green beans V. Quarn Meat balls with Spaghetti Victoria Sponge Cake	Sardine paste on wholemeal toast with celery Cheese spread on toast Bananas and cream
Thursday	Bagel Pear	Paella with chorizo, peppers, ham, mushrooms and onions with crusty bread Strawberry jelly and ice-cream	Cheese or tuna wraps with salad Homemade Biscuits & raisins
Friday	Toast Apple	Green Chicken masala curry with brown rice, cucumber, tomatoes and naan bread V. chickpea masala curry Strawberries and cream	Tortilla chips with salsa, hummus & salad V. tortilla chips with salsa, Hummus and salad Kiwi

Week
Two

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	Morning Snack	Lunch	Afternoon Tea
Monday	Croissant Kiwi	Lamb shepherd's pie with cauliflower and green beans V. Quorn shepherd's pie Ice cream and wafers	Ham and cheese pitta pockets with sliced tomato Homemade rice crispy cakes
Tuesday	Fruit loaf banana	Roast chicken with roast potatoes, cabbage and carrots V. Quorn fillet Lime jelly with pineapple chunks	Scrambled eggs on toast with tomato slices Apple slices
Wednesday	Bagel Orange	Jacket Potatoes with tuna, cheese and coleslaw And salad Strawberries and cream	Finger rolls with sausages and tomato ketchup Fromage Frais
Thursday	Toast Pear	Fish cakes with Sweet potato mash, Broccoli V. Veggie fish cakes Homemade jam tarts	Cheese on toast with cucumber and pepper sticks Banana slices
Friday	Pancake apple	Turkey Lasagna with Garlic bread V. Vegetable lasagna Apple Crumble with custard	Crackers with cheese and chive spread and tomato slices Sultanas and apple

Week Three

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	Morning Snack	Lunch	Afternoon Tea
Monday	Pancakes Oranges	Sweet and sour pork, Noodle and green beans V. Sweet and sour vegetables Strawberry angel delight	Chicken Tikka pitta pockets and carrot sticks Fromage frais
Tuesday	Toast Banana	Pulled Pork Burger with Potato salad V. Veggie burger with potato salad Choc ices	Toasted crumpets with cheese spread carrot and cucumber sticks Homemade jam tarts
Wednesday	Croissant Kiwi	Turkey and Bacon pasta Bake V. Sweetcorn and Mushroom pasta bake Apple Strudel and Ice Cream	Veg sticks, pitta strips with hummus and salsa Pear Slices
Thursday	Fruit loaf Apple	Chicken Thai green curry with brown rice V. Vegetable green curry with brown rice Sticky Toffee Pudding	Cheese and tomato pizza with celery sticks Apricot flapjacks
Friday	Bagel Pear	Fish fingers with croquette potatoes and peas v. vegetable fingers Victoria Sponge Cake	Cream crackers with soft cheese and cucumber and pepper sticks Apple slices and raisins

Week Four

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