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Week 1

	Morning Snack (9.45am)	Lunch (11.30am)	Afternoon Tea (3.30pm)
Monday	Pancake Melon	Thai green curry with brown rice and naan bread V.vegetable green curry Pears with vanilla ice-cream	Butternut Squash soup with Crusty Bread Kiwi slices
Tuesday	Fruit Loaf banana	Fish Pie with pastry, broccoli and carrots V. cheese and potato pie Strawberry Angel delight	Wrap pizza with ham, cheese and spinach Homemade crispy cakes
Wednesday	Bagel Apple	Lamb Spaghetti Bolognese and crusty bread V. Quorn Bolognese Marble Cake	Scrambled eggs on toast with tomato slices Banana's and Cream
Thursday	Toast Pear	Sausage and lentil Casserole with Sweet Potato Quorn Sausages and lentil Casserole with sweet potato Fruit Cocktail	Tuna sandwiches with celery sticks V. marmite/ cheese sandwiches Fromage frais
Friday	Croissant oranges	Chicken Pie mash Potato V. Vegetable pie with mash potato Apple Crumble with custard	Cream crackers with soft cheese and cucumber and pepper sticks Apple slices and raisins

Please be aware some of these meals may contain any of the 14 Allergens (Celery, Eggs, Fish, Lupin, Milk, Crustaceans, Soya, Gluten, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, and Sulphur Dioxide) If you believe your child may be allergic to any of the 14 allergens, please let a team leader know



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Week 2

	Morning Snack	Lunch	Afternoon Tea
Monday	Croissants Apple	Chicken Parmigiana with Spaghetti Quarn Parmigiana with Spaghetti Fromage Frais	Spaghetti on toast Melon slices
Tuesday	Toast oranges	Roast Pork with Roast Potato, Broccoli and sweetcorn V. Quarn pieces, Roast potatoes, Broccoli and sweetcorn Apple crumble and custard	Veg sticks, pitta strips with hummus and salsa Apple slices and raisins
Wednesday	Bagel Pear	Fresh Fish finger sandwich with potato wedges v. vegetable fingers Rice pudding	Cheese and tomato pizza with celery sticks Pear Slices
Thursday	Pancakes banana	Green Chicken masala curry with brown rice, cucumber, tomatoes and naan bread V. chickpea masala curry Fruit Cake and Custard	Scrambled eggs on toast with tomato slices Orange wedges
Friday	Fruit loaf kiwi	Turkey Lasagna with Garlic bread Quarn Lasagna with Garlic Bread Strawberry jelly	Leek and potato soup with Crusty bread Home made biscuits

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Week 3

	Morning Snack	Lunch	Afternoon Tea
Monday	Croissant Kiwi	Coq au stock with potato wedges and salad V. quarn fillets Fruit cake and Custard	Toasted crumpets with cheese spread carrot and cucumber sticks apple slices and raisins
Tuesday	Fruit loaf banana	Sweet and sour pork with noodles and green beans. V. Sweet and Sour Vegetables Chocolate angel delight	Vegetable soup with crusty bread Melon
Wednesday	Bagel Orange	Sweet potato cottage pie V. Sweet potato cottage pie Bananas and custard	Ham and cheese wraps with salad Home made fairy cake
Thursday	Toast Pear	Baked Risotto with Cod V. Baked risotto with vegetables Rice pudding and jam	Beans on toast Banana's and Cream
Friday	Pancake apple	Roast chicken with Roast Potato, carrots and peas V. Quarn pieces, Roast potatoes, Carrots and peas Strawberry Jelly with ice-cream	Pasta bake Fromage Frais

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Week 4

	Morning Snack	Lunch	Afternoon Tea
Monday	Croissant Apples	Chicken and Aubergine Balti V. Vegetable Balti Apple Strudel and Custard	Finger rolls with sausages and tomato ketchup Banana slices
Tuesday	Toast Pear	Lamb Meatballs and Pasta V. Quarn Meatballs with Pasta Lime jelly with pineapple chunks	Ham and cheese pitta pockets with sliced tomato Melon
Wednesday	Fruit Loaf orange	Fish cakes with Sweet potato mash, Broccoli V. Veggie fish cakes Rice Pudding	Leek and Potato soup with bread sticks Kiwi slices
Thursday	Pancakes Banana	Sausage, Mash Potato and carrots V. Sausage, mash potato and carrots Fromage frais	Scramble egg on toast Apricot flapjacks
Friday	Bagel kiwi	Chicken, chorizo and cauliflower bake V. Bake Strawberry angel delight	Rice Cakes with soft cheese or marmite and celery Home made jam tarts

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